



Plan



Act



Achieve

Use The Word of THE HEAVENLY FATHER to take control of your life, start fresh, and live life with purpose!

Gain Clarity, Commit, Restore, and Achieve

Empowerment Through Coaching



Empowerment THROUGH Coaching



Coach Esi LLC

Available Programs:

Loving Yourself: Self-Empowerment

Self-love is a state of appreciation for oneself. With this program, you will realize your self-worth and experience authentic self-love. When you sincerely come to love, cherish and respect yourself, everything in your life begins to fall into place. In doing so, you open yourself to a world of possibilities and live peacefully and happily. Often times we aren't taught how to nurture and love ourselves. But once you begin internalizing self-love through daily practice, it becomes effortless.

Included in this program:

- Becoming Your Own Best Friend
- Conquer Self-Critical Thinking
- What Self-Respect Is Not
- Discipline is Key
- How Self-Image Can Affect Your Life and Dreams of Success
- What are your Success Habits?
- How to Achieve Your Goals

This Program includes:

- 7 - 45 Minute Group Coaching Sessions
- Downloadable resources
- Certificate of completion

Program Pricing: \$300



Empowerment THROUGH Coaching

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Bitcoin: Let Learn Crypto: Finance

This Program will equip you with the knowledge to go from beginner to advanced when it comes to understanding Cryptocurrency and investing! Beginner or not, these sessions are intended for those who are looking to build a solid foundation when it comes to understanding Cryptocurrency.

You will learn about:

- Bitcoin
- Ethereum
- Metaverse
- Investing and Trading
- Decentralization
- Blockchain
- Crypto wallets
- Taxes and more.

This Program includes:

- 12 - 45 Minute Group Coaching Sessions
- Flexible Scheduling to Meet Your Need
- Text Messaging Support
- Downloadable resources
- Certificate of completion

Program Pricing: \$300



Empowerment THROUGH Coaching

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Create a Course: Business

Learn how to create an online course(s) to help automate your business and bring in residual income. With this program, you will learn how to create course content, market it, and attract students.

Included in this program:

- Choosing Your Audience and the Right Topic To Teach
- Choosing and Creating the Course Content
- Organization and Structure
- Course Delivery: On-demand, Live, Video, and Editing
- Pricing Your Course
- Advertising

And so much more...

This Program includes:

- 12 - 45 Minute Group Coaching Sessions
- Flexible Scheduling to Meet Your Need
- Text Messaging Support
- Downloadable resources
- Certificate of completion

Program Pricing: \$450



Empowerment THROUGH Coaching



Coach Esi LLC

Forex 101: Finance

Gain an understanding to be able to separate fact from fiction when it comes to the FOREX Market, so you can invest and win. Designed to help even absolute beginners learn how to trade.

You will learn about:

- What is Forex?
- Currencies and Its Pair
- Terminology
- Pips and Lot Size
- Brokers and Meta Trader
- BYOB Trading Strategy
- Demo Trading Exercises

And so much more...

This Program includes:

- 7 - 45 Minute Group Coaching Sessions
- Flexible Scheduling to Meet Your Need
- Text Messaging Support
- Downloadable resources
- Certificate of completion

Program Pricing: \$600



Empowerment THROUGH Coaching

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No Matter What!: Goal Achievement

Now is the time to make the necessary changes in your life so that you fulfill your purpose and live the promise. With this program, you can go from unsure to clear, discouraged to confident, and stuck on your way to a whole new way of living. This program will help you create a vision for your future and a plan to make it happen.

Included in this program:

- Creating the proper steps for Success
- Conquer Self-Critical Thinking
- Discipline is Key
- How Self-Image Can Affect Your Life and Dreams of Success
- What are your Success Habits
- How to Achieve Your Goals
- Never giving up and so much more...

This Program includes:

- 12 - 45 Minute 1-On-1 Coaching Sessions
- Flexible Scheduling to Meet Your Need
- Text Messaging Support
- Downloadable resources
- Certificate of completion

Program Pricing: \$1800



Empowerment
THROUGH Coaching

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Coach Esi has taken what she has learned from studying **The Word**, years of experience, and expertise in Life and Health Coaching and as a Crypto Expert to help others fulfill the purpose for which they were created and live *Prosperously* in every area of their lives.

Coach Esi truly wants to help you be in the best physical, mental, and spiritual state possible. It is our pleasure to help you achieve your goals.

For more information and to schedule a Discovery Call, use the link below, call 800-492-4467, or visit us at www.CoachEsi.com.

[Click here to schedule a Discovery Call.](#)



My name is Esi Colbert (Colbear), also known as "Coach Esi", I am a Certified Life and Health Coach. As well as, a Certified Cryptocurrency Expert. I am also a FOREX and Options Trader and Trainer who has a deep passion for helping others realize and reach their potential.

Championing my way to the top through a divorce, financial debt, the pain and isolation of Fibromyalgia, Bell's Palsy, and the loss of family members and friends by overcoming the fear of failure with The Word of THE HEAVENLY FATHER. I have dedicated my life to promoting healthy mindsets, healthy relationships, and positive lifestyle changes to help others fulfill their destiny on the earth.

As a 360 Coach, who specializes in personal growth, relationships, as well as business and career success, I incorporate The Word, education, and personal experience when encouraging others. I am blessed to witness the transformations I see in the lives of my clients. The 360 approach helps others to take ownership of their lives and achieve their goals. This process involves helping others understand their values, defining meaningful goals that support their values, and setting up a plan to achieve their goals while working through roadblocks and limiting beliefs so that they can live an abundant life.

As a Coach, I help people achieve their goals and fulfill their destinies with gusto. Since day one, I have set out to challenge the status quo, looking for new ways to offer my clients more value and a better experience. Click below to schedule a Discovery Session.

[Click here to schedule a Discovery Call.](#)

